

FALL 2025 Nutrition Services Menu

Breakfast Options

Monday	Cereal; Yogurt & Granola; Muffins
Tuesday	Cereal; Yogurt & Granola; Croissant with Egg & Spinach
Wednesday	Cereal; Yogurt & Granola; Oatmeal; Egg Bake
Thursday	Cereal; Yogurt & Granola; Bagel with Cream Cheese
Friday	Cereal; Yogurt & Granola; Muffins

**fresh fruit, juice & lowfat milk/chocolate milk offered daily*

Lunch Options

Monday	Pasta Du Jour (vegetarian option) OR Italian Sloppy Joes
Tuesday	Taco Tuesday (with ground beef or chicken) OR Bean & Cheese Quesadilla
Wednesday	Gustavo's Goulash (with ground beef) OR Asian Noodle Bowl (with chicken or vegetarian)
Thursday	Lasagna (ground beef or vegetarian) OR Chicken Drumstick with Candied Carrots
Friday	Pizza (cheese, pepperoni, or "du jour") OR Sandwich with Deli Meat, Cheese & Fresh Veggies

**fresh cut fruit/vegetable bar & lowfat milk/chocolate milk offered daily*

TK STUDENTS ONLY:

only the boxed lunch menu items will be offered to our TK students (they don't choose between lunch menu items)

CCDS strives to offer foods with no nitrates, no high fructose corn syrup, and low/no added sugars. This menu is subject to change without notice.

This institution is an equal opportunity provider.

